

Here's what our patients have to say about
Nurse Practitioners:

* "Our family wouldn't think about going back to a traditional doctor's office after receiving the outstanding, professional services of (NPHC)! They go above and beyond in taking the time to listen and treat all of our health care needs and treat us like real, feeling people instead of just another face in the crowd!!!!" - J.B., Andover, NJ

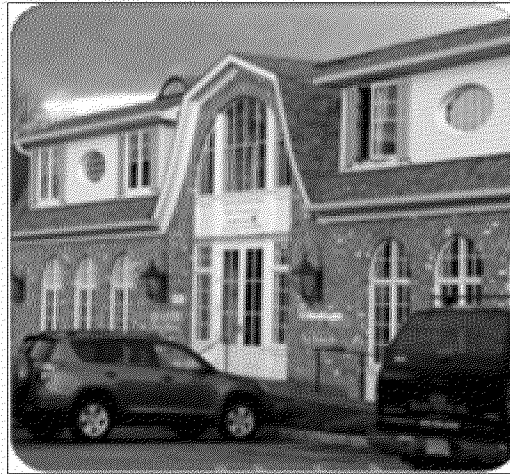
* "I believe nurse practitioners offer a unique element of care that I have not experienced with some physicians. Their professional attitude has a personal approach that evokes confidence and reassurance in their patients." - K.S., Jersey City, NJ

* "If you are looking for a health care professional that actually listens to your needs...New Perspectives Health Care is the way to go. I have never had someone call me at home to see how I am doing like these two caring women do." - C.P., Newton, NJ

* "I appreciate the holistic approach that Nurse Practitioners take. They understand that a patient is a person and not just a collection of symptoms. They help each person explore many aspects of a particular problem." - L.H., Branchville, NJ

13A MAIN STREET, SUITE 7
SPARTA, NEW JERSEY 07871
973.726.0355

WWW.NEWPERSPECTIVESHEALTHCARE.COM



**Conveniently Located in Downtown
Sparta, New Jersey**

Directions to New Perspectives
Health Care:

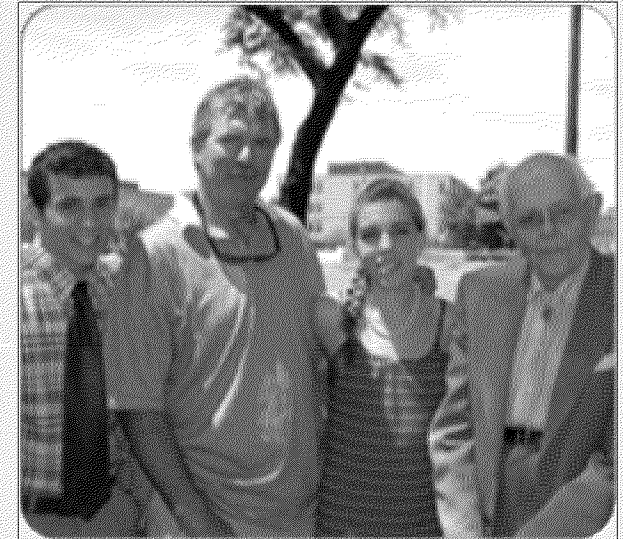
- * **From Downtown Sparta, NPHC is across from the Post Office, off of the Jug handle, in a brick building at the back of the Plaza.**
- * **From Dover: 15 North take the first exit for Downtown Sparta/Route 181 North/Woodport Road. Continue towards the center of Town for 2 miles to the Route 181 Jug Handle. Bear right around the Jug Handle and pull into parking lot before the light. We are at the end of the parking lot in a brick building.**

NURSE PRACTITIONERS

Sandra Morrison

Sharon St. Angelo

HEALTH CARE



NPHC

Time for a change?

We provide cost effective, comprehensive, primary care and sick care along with quality health education.

Nurse Practitioners

NPHC Offers

Primary Care for the Adult, ages 16 and over

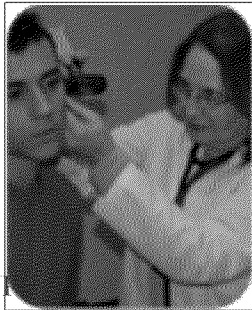
Nurse Practitioners (NP's) are fully qualified healthcare providers who place emphasis on both care and cure.

NPs partner with their patients for their health care and provide the necessary information so that they know when early intervention is needed.

There are over 125,000 Nurse Practitioners practicing in the United States. NPs can write prescriptions in all 50 States. Most have graduate degrees and maintain National Board Certification.

Nurse Practitioners (NPs) are health care providers who focus on:

- * spending time treating the whole person
- * guide their patients to make smart health and lifestyle choices
- * health promotion
- * disease prevention
- * health education
- * counseling



Services provided by NPHC:

- * ordering and interpreting diagnostic tests such as lab work, xray and radiological tests
- * diagnosing and treating acute and chronic conditions such as diabetes, high blood pressure, infections and injuries.
- * prescribing medications and other treatments
- * coordinating and managing a patient's care

(Information obtained from American Academy of Nurse Practitioners www.aanp.org)



- * treatment of acute illness: **sinus infections, sore throat, abdominal pain, poison ivy, lyme, sprains, etc**
- * chronic disease management: **high blood pressure, diabetes, cholesterol, allergies, depression, etc**
- * comprehensive physical examinations
- * high school, college and sports physicals
- * CDL physicals
- * coordination and continuity of care
- * tobacco addiction counseling
- * weight loss counseling and monitoring
- * referrals to specialists as needed

We are in most major health care plans. Call for your appointment TODAY!

973.726.0355

As board certified Nurse Practitioners, Sharon and Sandy have practiced Primary Care in Sussex County for over 10 years. Both are members of the NJ State Nurse's Association and ANA. In January 2009, they opened New Perspectives Health Care in downtown Sparta, New Jersey.



Sharon St. Angelo

- * Received her graduate degree from Seton Hall
- * Certified CPR instructor
- * Certified Tobacco Treatment Specialist
- * Serves on the NJ Cancer Education and Early Detection program providing cancer screening to the women in Morris and Sussex Counties
- * Serves on the Sussex County Cancer Coalition.



Sandra Morrison

- * Received her graduate degree from Boston College in 1984
- * Certified Tobacco Treatment Specialist
- * Avon Breast Cancer Foundation
- * Sparta Mountain Day (www.spartamountain.com)

